

6U Guidelines for AYSO Region 688

- 1. Game times are 20-minute running halves with a quick water and substitution break at the approximate 10-minute mark. Halftime is no more than 5 minutes long.
- 2. Play 4 v 4 on the field.
- 3. Coaches are the referees, please stay one coach per half, do not overwhelm the players with too much direction.
- 4. NO GOALKEEPERS
- 5. No line defending in front of goal.
- 6. No throw-ins, just kick-ins
- 7. Ball out of play wholly over the end line:
 - Off a defender on their defensive half, attacking team kicks ball back into play from corner arc. (corner kick)
 - Off the attacking team, ball kicked back into play by defending team from end line at point where ball went over the line. (goal kick)
- 8. Provide at least a 3-yard cushion for every restart (corner; goal kick; kick-off)
- 9. Be FAIR, SAFE and most of all HAVE FUN